

CSEP-CEP vs Kinesiologist

2021-02-25

This chart has been developed to help create transparency and outline the difference between a Clinical Exercise Physiologist and a Kinesiologist affiliated with the CKA. We have had all variables confirmed by our legal team at Trisura, partners with Prolink, to ensure that the information provided is accurate and up to date. Thank you to the AKA for the time and research in establish this list.

Scope of Practice / Acts	Most other certifications (CEP, AT, etc.)	CKA Affiliated Kinesiologist
Liability insurance covering Scope of Practice for:	CSEP-CEP ACSM-CEP	CKA
Entry to practice exam	Yes	In development
Chronic conditions	Yes	Yes
Apparently healthy populations	Yes	Yes
Athletes	Yes	Yes
All ages	Yes	Yes
Musculoskeletal injury rehab & prevention	Yes	Yes
Elite athlete performance training/rehab	Yes	Yes
General nutritional counseling	Yes	Yes
Manual therapy	No	Yes
Pre/post surgical rehab	No	Yes
Mental health	No	Yes
Chronic pain	No	Yes
Ergonomics	No	Yes
Public health promotion	No	Yes
Return to work planning meetings	No (CSEP) Yes (ACSM)	Yes

Scope of Practice / Acts	Most other certifications (CEP, AT, etc.)	CKA Affiliated Kinesiologist
Brain injury assessments	No	Yes
Electrotherapy: TENS, NMES , FES	No	Yes
Advanced modalities: laser and fascial therapy, neurofeedback & more	No	Yes
Price	\$295 (plus tax)	\$40.53 (CKA) + from \$50 to \$300(PKA)
Provincial advocacy	No	Yes
Provincial guidance	No	Yes
Verify Professional Development Credits	Yes	Yes
Ability to specialize outside of organization	No	Yes
Require practical experience	100 hours	300 hours as of 2022 – varies see PKAs
Criminal Record Checks	No	Yes
Verify relevant academic requirements	Yes	Yes
Clarity for academic requirement course content	No	Yes
Local business collaboration	No	Yes
Free and discounted continuing education	Limited	Yes
Mentorship Program	No	Yes
Workshop Development	No	Yes
Free job postings for business collaborators	No	Yes
Striving for provincial regulation in the profession	No	Yes